



**CONSTITUTION  
AND  
BY-LAWS  
2010-2011**



## **Wave Hockey High School Hockey League**

### **1. PROGRAM TITLE**

The program shall be known as the **Wave Hockey High School Hockey League**

### **2. OBJECTIVES**

The objectives of the program shall be:

- 1) To provide, promote and supervise a developmentally focused ice hockey program to the youth of Burlington and surrounding area.
  - 1.a)* To exemplify, teach and encourage personal integrity, respect for others, fair play, good sportsmanship and good citizenship.
  - 1.b)* To encourage high standards of personal discipline in areas of moral conduct, physical fitness, emotional self control, team play and family harmony.
  - 1.c)* To teach every aspect of the hockey program including mental preparation, games, personal skill development and hockey theory.
  - 1.d)* To instill an element of fun in the game of hockey and ensure that every experience is positive and constructive.

### **3. COACHES AND COACHING DEVELOPMENT**

#### **1) Job Description For Head Coach**

- 1.a)* Serve as the official spokesperson on behalf of the team
- 1.b)* Delegate responsibilities to the assistant coach and manager
- 1.c)* Plan on and off ice activities in consultation with the assistant coaches
- 1.d)* Plan, implement and control pre-game preparation and communication with the team
- 1.e)* Coach the team in all games
- 1.f)* Establish rules for the team and oversee the supervision of the players

#### **2) Job Description For The Assistant Coach**

- 2.a)* Assist with pre-game preparation
- 2.b)* Assist with the operation of the team during the games



- 2.c) Assist with the supervision of players on and off the ice
- 2.d) Assist with the preparation of a game plan
- 2.e) Report to the head coach

#### **4. COACHING REQUIREMENTS**

- 1) It is recommended that each team will have one head coach and one assistant coach.
- 2) It is required that all coaches have a valid police check obtained within the past two years.
- 3) Other parent volunteers or additional coaching assistants may be utilized at the discretion of the head coach but these persons will not be official members of the team roster.
- 4) All coach volunteers and any other on-ice helpers will wear a helmet at ALL times and this must be rigorously enforced.

#### **5. LEAGUE CAPTURE AREA, PLAYER RESTRICTIONS**

- 1) The program will accept applications from players living inside and outside of Burlington. Generally, applications will be accepted at a first come, first serve basis.
- 2) All high school students are eligible to play in this league as long as they did not currently participate in Rep level hockey.
- 2) Priority will be given to players who were registered in the league in the prior year, while new applicants will fill the openings when team rosters are created before the start of the season.
- 3) Registration numbers can be restricted at the discretion of the league director and officials, as this program is not required to accept an unlimited number of applications.

#### **6. EXECUTIVE BODY**

- 1) This league will be administered by a group of people that include, but are not limited to, the following:



- 1.a)* The Director
- 1.b)* The Rules and Discipline Committee
- 1.c)* The Division Convenors
- 1.d)* Other members at the discretion of the Director

## **7. CONVENORS**

- 1) This league will have a convenor appointed for each division

## **10. REFEREES**

- 1) All referees will be WAVE Hockey certified referees and must attend all necessary certification clinics to maintain current certification status.

## **11. DISCIPLINARY ACTION**

- 1) Referees will be guided by rules as outlined by Hockey Canada. If there is a discrepancy between Hockey Canada rules and league rules, then league rules will overrule.
- 2) The league will have a Disciplinary Committee to adjudicate all match penalties and all other disciplinary matters for players and coaches formally brought to the league Executive.
- 3) Disciplinary Committee shall be comprised of the following members:
  - 3.a)* Director
  - 3.b)* Convenors
  - 3.c)* Referee-in-Chief
  - 3.d)* Other persons as appointed by the Director
- 4) All decisions made by the Disciplinary Committee are final, and there will be NO appeals of these decisions allowed.

## **12. DISPUTE RESOLUTION**

- 1) If any dispute arises that cannot be resolved by other means, than the Director will appoint a group from the Executive that will resolve these disputes.

## **13. RULES**



- 1) The Wave Hockey High School Hockey League is an independent hockey league and is not governed by the O.M.H.A. or Hockey Canada. We are not bound by their rules or regulations, however we do follow the rules of the game as laid out in Hockey Canada's rules of the game.
- 2) The league has further adopted the rules established by the Halton High School Athletic Association pertaining to high school hockey.

#### **14. START OF THE GAME**

- 1) It is imperative that all games start on time. All coaches are encouraged to have their players at the game no later than 30 minutes before the scheduled start of the game. Coaches should ensure referees are present and ready to go. A two-minute warm up is permitted at the start of each game. Referees are instructed to start the game on time, and any delays by either team could result in a delay of game penalty for that team.

#### **15. GAMES**

- 1) All regular season games will be timed as follows:

|               |                      |
|---------------|----------------------|
| First Period  | 10 Minutes Stop Time |
| Second Period | 10 Minutes Stop Time |
| Third Period  | 10 Minutes Stop Time |
- 2) All games will be completed, thus no curfew.
- 3) No Time-outs will be permitted by any team during the course of the game.

#### **16. DOUBLE SHIFTING**

- 1) No player may play two consecutive shifts in any game unless there are less than 10 skaters on the bench. If a full compliment of players is not available for a game, it is the coach's responsibilities to ensure all players receive equal ice time.

#### **17. GROUNDS FOR SUSPENSION**

- 1) Any coach who does not follow the guidelines regarding equal ice time is subject to discipline by the league Executive.
- 2) Any coach or team official who is assessed a game misconduct penalty will receive an automatic 1 game suspension and a hearing with league executives to determine if any additional action may be required.



- 3) Any player who receives a game misconduct penalty or is ejected from a game for any rule violation will be required to attend a hearing with league executives to determine if additional discipline may be required.
- 4) Any player who is assessed a major penalty for fighting will receive an automatic 3 game suspension. If that player is assessed a second fighting major at any point in the season, he/she will be suspended for the remainder of the season with no refund.

## **18. TEAM JERSEYS AND EQUIPMENT**

- 1) The Wave Hockey High School Hockey League provides a team jersey for every player. This item is property of the Wave Hockey High School Hockey League until the end of the season at which time the player may keep them. Coaches are requested to inform players and parents that game jerseys should be kept for games. If a player loses his/her jersey during the season, he/she will be required to pay for a replacement jersey.
- 2) Players will be required to have full equipment. This includes a CSA approved helmet, a neck guard, and a proper mouth guard.

## **19. WEATHER**

- 1) No game or practise will be cancelled due to inclement weather unless you hear from the League Director or a league official.

## **20. CONTACT INFORMATION**

- 1) Mailing Address for the league is 1179 Northside Road, Burlington, Ontario L7M 1H5
- 2) League Official Bill Grant can be reached at 905-220-7272, or email him at [smokeater@sympatico.ca](mailto:smokeater@sympatico.ca)

## **21. WEBSITE**

- 1) Information on the Wave Hockey High School Hockey League can be found at [www.wavehockey.ca](http://www.wavehockey.ca). It is our intention to keep this website up-to-date with all pertinent information. Schedules, standings, and scoring will be posted on the website.



## APPENDIX A

### **WAVE HOCKEY HIGH SCHOOL HOCKEY LEAGUE COACH'S CODE OF CONDUCT**

This Code of Conduct is intended to promote fair play and respect for all participants within the Wave Hockey High School Hockey League. All coaches must sign this pledge before being allowed to take control of their team and must continue to observe the principles of the Code of Conduct.

#### CODE OF CONDUCT FOR COACHES

1. I will recognize and respect that players and families have other interests and obligations and may not be able to attend every game and practice.
2. I will teach my players to play fair and to respect the rules, officials, opponents and teammates.
3. I will ensure all players receive equal instruction, ice time, discipline, and support.
4. I will not ridicule or yell at my players for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.
5. I will make sure that equipment and facilities are safe and match the player's ages and ability.
6. I will remember that children need a coach they can respect. I will be generous with praise and set a good example.
7. I will obtain proper training and continue to upgrade my coaching skills.

I agree to abide by the principles of the FAIR PLAY CODE as set by the Wave Hockey High School Hockey League.

I agree to abide by the rules, regulations and decisions as set by the Wave Hockey High School Hockey League.

I understand that failure to abide by the above-mentioned rules and regulations may result in suspension or dismissal.

PRINT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_